



The Newport *Navalog*

VOL. 107 NO. 8 FEBRUARY 23, 2007

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Ron Fontaine/U.S. Navy photo

SHIP AHOY – Boatswain’s Mate 2nd Class (SW) Michael Kidd, Port Operations, watches as the Henry B. Bigelow slips into her berth at Pier 2, Naval Station Newport last Wednesday. The 208-foot ship, constructed for the National Oceanic and Atmospheric Administration (NOAA), will study fish populations and their environment during 270 days at sea each year. She will be assigned to Newport for up to three years.



NHCNE offers history lesson

The executive director of the Newport Chamber of Commerce will speak at NHCNE Newport’s observance of African American History Month.

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NAPS chief earns tribute

Chief petty officer at the Naval Academy Prep School is named Senior Enlisted Service Member for Year for Newport naval commands.

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Gym turned into carnival

The Morale, Welfare and Recreation Department turns Gym 109 into a playground of inflatables for a children’s Winter Carnival.

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New England foods taste test

ABOVE: David Krohn of Newport Vineyards winery in Middletown offers samples to Hospital Corpsman 1st Class Kelly Fry, right, a Naval Science Institute student, and his wife, Danielle, during the Navy Exchange New England-produced food tasting last week.

RIGHT: Diane Barnhart, NEX employee, shows Information Technology Specialist 1st Class Joshua Clark of Personnel Support Detachment Newport some preserves from Stonewall Kitchen. NEX Newport carries a variety of Maine, Rhode Island and Massachusetts chowders, preserves, coffee, syrup, oils, dressings, cookies and wine.

Ron Fontaine/U.S. Navy photos



NAVSTA skipper to update public on Navy Newport

Capt. Todd W. Malloy, Commanding Officer, Naval Station Newport, will brief the public on the status of the Navy in Newport on Wednesday, Feb. 28, at 5 p.m. at the Newport campus of the Community College of Rhode Island (CCRI).

Capt. Malloy will discuss what is currently happening

on the Newport naval complex, including the changes that have begun and will continue as a result of recent Base Realignment And Closure (BRAC) actions. Plans for the future also will be explained.

Malloy will speak in the CCRI Auditorium located off John H. Chafee Boulevard, just east of Gate 4.

NHCNE speaker to trace slave trade in America

By **KATHY MACKNIGHT**
NHCNE Newport PAO

The Naval Station Newport African American History Month observance, sponsored by Naval Health Care New England Equal Employment Opportunity Committee, will take place Monday, Feb. 26, at Naval Health Care New England Newport, Building 44, Room 7 from 11:30 a.m. to 1 p.m.

Access to the compound is through Gate 7 off of Third Street.

Guest speaker will be Keith W. Stokes, Executive Director of the Newport County Chamber of Commerce, and a native of Newport, R.I. He has served the local community in many

capacities, and is a frequent national, state and local lecturer with an expertise in early African American history.

Stokes spoke last year at Naval Station Newport's observance of African American His-



Stokes

tory Month. An historian who lectures locally and nationally on early African American and Jewish-American history, Stokes has thoroughly researched the early slave trade. Newport vessels made more than 900 voyages to Africa, carrying an estimated 100,000 slaves to the West Indies and North America.

A cake cutting will follow immediately after Stokes' presentation.

Juniper trains in Chesapeake

By **MC2 JOSEPH WAX**
Fleet Public Affairs Center Atlantic

VIRGINIA BEACH, Va. — The seagoing buoy tender USCGC Juniper (WLB 201), homeported in Newport, R.I., conducted underway training drills Feb. 12 in Chesapeake Bay.

The training was a part of a two-week evolution from Feb. 5-16 at Naval Amphibious Base (NAB) Little Creek by the Norfolk-based Afloat Training Group (ATG) Atlantic. ATG assesses the ship's ability to conduct damage control, fire fighting, towing, anchoring, abandon ship, medical, loss of power, mooring and rescue and assistance drills.

"These two weeks ensure that their personnel have the

proper training and can meet or exceed any challenges they may see day to day," said Coast Guard Damage Controlman 1st Class Eli Loftus, a damage control subject matter expert (SME) at ATG. "We have intense qualification standards. They're leaving here with the proper training to combat any casualty."

Both Navy and Coast Guard ATG members constantly evaluate cutters throughout the year. Each Coast Guard cutter is required to go through the ATG process every 12 months.

"For us this is a great opportunity," said Coast Guard Lt. Cmdr. Rick Wester, Juniper's commanding officer. "Throughout the year we keep really busy. Taking these two

weeks and focusing on the drills is a great way to continue to improve our readiness. ATG gives us insight into things we may be missing or helpful hints they have learned from other ships."

Navy members of ATG offer the Coast Guard a unique perspective on their shipboard operations.

"The Navy riders help us out with a lot of specialized stuff like radio and classified equipment and with the medical portion," added Wester. "Since 9/11 our services are working closely together. Whether it is the Coast Guard helping the Navy with national defense or the Navy helping the Coast Guard with homeland security,

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Capt. Todd W. Malloy
Commanding Officer, Naval Station Newport

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The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navallog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS).

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Juniper

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any way we can continue to work together will only help us out.”

ATG's training focuses not only on running drills correctly, but also getting everyone familiar with the different aspects of each drill.

“We want to ensure that junior people can stand up into a more senior role even though they haven't been to the school,” said Loftus. “Because of a casualty at sea, it may become necessary.”

To Wester, getting his people the experience they need is what these two weeks are all about.

“What we are really developing

is our people,” said Wester. “We can have all the machinery and electronics in the world, but in an emergency scenario it comes down to properly training your people and making sure they know how to use the tools appropriately.”

According to Coast Guard Chief Operations Specialist Michael Padgett, a navigation and operation SME with ATG, Juniper was in good shape before the two-week training exercise, so they will leave as prepared as possible.

“The Juniper has been an excel-

lent ship,” said Padgett. “We started their training by going to their homeport and doing a thorough inspection and they had very few discrepancies. It is one of the better I have seen in two and a half years on board. We aren't fixing problems so we could focus on the training.”

Upon completion of the training, Juniper will travel up the Potomac River to Washington D.C., where it will stop for a few days before returning to its homeport.

Dental

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A: The sooner the better! Starting at birth, clean your child's gums with a soft infant toothbrush and water. Remember that most small children do not have the dexterity to brush their teeth effectively. Unless it is advised by

your child's pediatric dentist, do not use fluoridated toothpaste until age 2-3.

Q. Any advice on teething?

A: From six months to age 3, your child may have sore gums

when teeth erupt. Many children like a clean teething ring, cool spoon, or cold wet washcloth. Some parents swear by a chilled ring; others simply rub the baby's gums with a clean finger.

Chief

Continued from Page 3

da has led and counseled 100 midshipman candidates in professional, ethical and physical development.

One of her two platoons currently holds the distinction of color platoon for maintaining the highest marks in the areas of academic, physical and military performance.

Under the chief's leadership, 3rd Company has maintained the highest student retention rate in the command.

Estrada is also the command Sexual Assault and Violence Intervention (SAVI) and Command Managed Equal Opportunity (CMEO) coordinator, and advises her command on all equal opportunity and sexual assault topics.

She serves as an action officer on the NAPS project team working with the Military Academy Preparatory School in Ft. Monmouth, N.J., on sexual harassment prevention programs.

As a member of the U.S. Naval Academy's SAVI Coordination Committee, Estrada served as a senior adviser to the committee's panel that examined the report of the Department of Defense Task Force on sexual harassment and violence at military service academies.

The chief wrote the majority of

the NAPS instruction on sexual harassment and violence prevention.

The chief serves as the command representative to the Fleet and Family Support Center on physical, mental health, diet and financial management issues.

In her capacity as the coordinator for all student volunteer activities, Estrada has given more than 1,800 hours of service to the community.

She has organized and participated in six YMCA holiday events benefiting a total of over 300 children from the local area, while serving as the assistant coach for the YMCA youth soccer team.

“It is our civic duty, both military and civilian, to get active on the base and take part in community service activities,” she said.

She has served as the coordinator for a food drive benefiting the Rhode Island Central Food Bank and recently collected 3,866 pounds of food and raised \$3,588 for the 2005 American Cancer Society Relay for Life event.

Under her leadership, Estrada organized NAPS students in their effort to completely restore a motor whaleboat from the USS Joseph P. Kennedy at Battleship Cove, Fall River, Mass.

“It turned out great,” Estrada said.

Estrada is directly responsible for at least \$7,000 in fundraising support for various causes.

While maintaining her military certifications and qualifications, Estrada continuing her education with a 3.5 grade point average at the University of Maryland.

Estrada enlisted in the Navy Aug. 9, 1990, and reported to Recruit Training Command, Orlando, Fla. After graduation she attended Cryptographic Maintenance School, Cecil Field, Fla., and then was stationed at Aircraft Intermediate Maintenance Department (AIMD), Sigonella, Italy. Later she was assigned to Naval Air Maintenance Training Detachment (NAMETRADET), Naval Air Station (NAS), Whidbey Island, Wash.

“ATC Nancy Estrada is the backbone of the senior enlisted staff at the Naval Academy Preparatory School. She is an industrious and intelligent leader dedicated to the training, education and welfare of others,” her command said.

Her personal decorations include the Navy Commendation Medal, Navy Achievement Medal (six awards), Joint Meritorious Unit Award and numerous other awards.

Estrada lives in Newport with her two children.



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