Revised CG Dive Manual

Hyper-Lite chamber hrs every 6 mos.
Whenever in McMurdo, do practice xfer of Hyper-Lite into chamber. Can use helo if time allows.
Dive sup qual should know how to set-up & run Hyper-Lite.

Use Navy Med. Man. for medical questions/issues.
CG Med Man will be updated in '05.

Qual/Recurrent letters - (do not need to write/submit Rec let.)
Should not need to do anything, but refer YN to LT[redacted]. for clarification.
Keep eye on dive pay!
Make sure BDO competency is in Direct Access.
To requal, diver needs 4 dives w/ qual'd diver.
Use calendar yr for 6 mo qual period; 4 dives w/i period extends qual to end of next 6 mo period. (i.e. dives btw 1 Jan - 30 Jun maintains qual thru 31 Dec)

To get dive pay, need: (Maintain @ unit)
Designation from CG LO
Assigned to diving duty (CO/XO) - get designation letter
Actively diving (dive log, do not keep recurrency letter)

Recruiting - [redacted] has 1 hr. ppt
Dive Sup PQS - ~~website PQS dev~~
~~Might be a link on NDSTC~~ (Navy PQS; dev CG PQS)
→ [redacted] will put link on CG Dive Site

☆ Update manning doc.

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206-217-[redacted] PO [redacted]

Dive Stuff

ADPs as diver reporting system
- track time spent on all diving activity (from setting dive bill thru post-dive ops)

or DRS ... awaiting approval ~1-4 mos.
(on-line on non-SW III, then email)

Individual Dive Log form (CG) on Jet Forms

PDA or IPac for dive log/drs ??
for now, use Excel spreadsheet for quarterly reporting to [redacted].

SOPO [redacted] - HEALY (diver work-out guru)

IAS - Integrated Anti-Swimmer System
ROV
Upcoming MSST equipment → get X'tng!

Quotas: Going to modular tng - can start using 1C+2C
48 Scuba, 10 BDO
5 CG personnel @ NDSTC by '06
for liaisons, equip PMS
Streamlined Application (CG Dive Manual)
Cover letter (Encl. 8)
DD Interview (Encl. 5)
Physical Screening Test (pass again w/i 30d of start)
(~~push~~ ull-ups will start being req'd for SCUBA too!)
Med Exam
Chest ~~x~~ ray (w/i 1yr) - results
EKG
Blood work (CBC w/ differential) - need actual report

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Exhibit 8 (Encl. 6) - Navy Med Questionnaire
(on CG & NDSTC website)
Don't worry about DMO signature
Don't check "yes" for dizziness unless documented med. issue; same for head injury, headaches/migraines ...
Other stuff (marks, over-seas interview, financial statement, CO endorsement) is done @ ~~[illegible]~~ unit.

Initial gear issued by CG-NDSTC; replacements thru unit.
BC's & Regs stay @ unit; dry suits too - send odd sizes back to NDSTC.

Log PMS - logbook, spreadsheet, database, whatever... just log it!

Conferences: Oct '04 in Houston
DEMA - Diving Equip Manuf.; Repair schools - bring gear
UIC - Underwater Intervention; usually in Feb, New Orleans

OMS (harness thing)

Wetsuit: Excel Trilaminate 9-7-6

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ENS [redacted] - EPM / Assignments

Get prospective divers' names to him ASAP!

follow timeline in brochure.

Dive Advice:

Dive debrief w/ all involved.

Go to local hospital chamber.

NOAA dive hub here in Seattle!

~~LCDR Roman~~ ENS [redacted] ? [redacted] @noaa.gov

Cross-trng w/ other ~~to~~ teams.

Dive Manual - use it! Trng, Dive Sup qual

NAVSEA OOC "Diving Safety Lines" - case studies

"Yoona deep sea" supsalv.org

Sup book & hit

Laminated dive log sheet / chart / No-D tables

from smooth log

↳ or use Write in the Rain paper

6, 7e