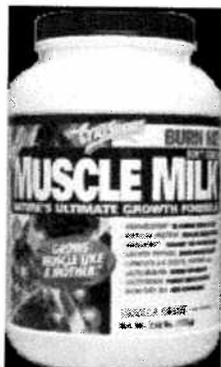


# MUSCLE MILK®

NATURE'S ULTIMATE GROWTH FORMULA



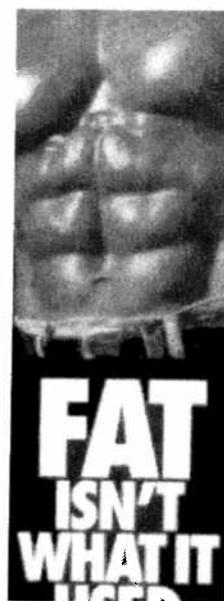
Muscle Milk is an "evolutionary" muscle formula promoting efficient fat burning, lean muscle growth and fast recovery from exercise. Metabolically favorable ingredients stimulate growth and recovery in a similar manner to mother's milk nourishing a baby.

## Benefits of using Muscle Milk:

- **Creatine Production:** Patent-pending, medically proven EndoCreatine™ gives you maximum benefits of creatine loading and storage by increasing your body's natural production of creatine.
- **Efficient Energy Production:** Lean Lipids™ are special fats that are easily mobilized for workout energy, enhance your body's fat metabolism and promote protein synthesis, anti-inflammatory effects and mineral retention.
- **Muscle Growth and Repair:** EvoPro™ is a complex ratio of proteins, peptides and amino acids designed to replicate the amazing benefits of mothers milk for rapid tissue growth and repair.

## Best ways to use Muscle Milk:

- **Before:** Take at least 30 min or up 2 hours before your work out.
- **During:** Drink together with Cytomax to flood the body with growth nutrients and acid-buffering agents
- **After:** Drink within one-hour after workouts to encourage muscle synthesis during periods normally marked by breakdown
- **Evening:** One serving before bed helps make your sleep time more anabolic



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ENCLOSURE(6)

**[Click for Supplement Facts]**

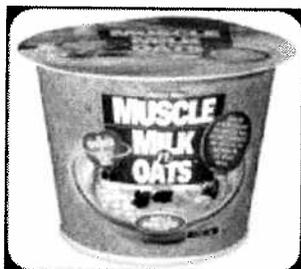
Order Muscle Milk in eleven different flavors including: Vanilla, Chocolate, Strawberry Milk Shake, Root Beer, Orange Creme, Mocha Joe, Blueberries n Creme, Peanut Butter Chocolate, Pina Colada, Cookies n Creme, Rocky Road, Chocolate Banana Crisp, Chocolate Mint Chip and Creme Brulee

MUSCLE MILK FRUIT SMOOTHIES: Pineapple Banana, Strawberry Banana and Peach Mango

MUSCLE MILK NATURALS - No Artificial Sweeteners, Flavors, Or Colors: Vanilla, Strawberry and Chocolate

Muscle Milk is now available in RTD 500 ml and 330 ml! Now available at finer specialty and health food stores near you!!

**NEW! Muscle Milk 'n Oats - Start your day off right!**



Introducing all the big nutrition of Muscle Milk and all the goodness of oats in one great tasting combination! Just add water and enjoy 30 grams of unbelievable protein and oatmeal. Breakfast never tasted so good!

- Protein: 30 grams
- Fats: 6 grams (Trans fat free)
- Carbohydrates: 34 g (only 4 g from sugar)
- Quantity: 12 individual servings per case
- Flavors: Vanilla Bean, Breakfast Cocoa and Maple & Brown Sugar

Order Muscle Milk, Muscle Milk Fruit Smoothie and Muslce Milk Natural now! Choose your size and favorite flavors!

Muscle Milk 1 lb. Powder

Banana Creme 1 lb. -- \$17.95

[\[Add to Cart\]](#) [\[View Cart\]](#)

Chocolate 1 lb. -- \$17.95

[\[Add to Cart\]](#) [\[View Cart\]](#)

Cookies n Creme 1 lb. -- \$17.95

[\[Add to Cart\]](#) [\[View Cart\]](#)

Mocha Joe 1 lb. -- \$17.95

[\[Add to Cart\]](#) [\[View Cart\]](#)

Strawberry 1 lb. -- \$17.95

[\[Add to Cart\]](#) [\[View Cart\]](#)

Vanilla Creme 1 lb. -- \$17.95

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Muscle Milk Natural 1 lb. Powder

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ENCLOSURE (↶)



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4795 Industrial Way • Benicia, CA • 94510

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5 Pages

ENCLOSURE(6)

<b>Supplement Facts</b>		
<b>Serving Size: 2 Scoops (75 g)</b>		
<b>Servings Per Container: 15</b>		
	Amount Per Serving	% Daily Value*
<b>Calories</b>	348	
Calories from Fat	162	
<b>Total Fat</b>	18 g	28%
Saturated Fat	8 g†	40%
<b>Cholesterol</b>	3 mg	1%
<b>Sodium</b>	200 mg	8%
<b>Potassium</b>	595 mg	17%
<b>Total Carbohydrate</b>	12 g	4%
Dietary Fiber	<2 g	8%
Sugars	6 g	
<b>Protein</b>	32 g	64%
Vitamin A		33%
Vitamin C		33%
Calcium		33%
Iron		33%
Vitamin D		33%
Vitamin E		33%
Thiamine		33%
Riboflavin		33%
Niacin		33%
Vitamin B6		33%
Folic Acid		33%
Vitamin B12		33%
Biotin		33%
Pantothenic Acid		33%
Phosphorus		33%
Iodine		33%
Magnesium		33%
Zinc		33%
Copper		33%
Chromium	100 mcg	83%

\*Percent Daily Values are based on a 2,000 calorie diet.

† 80% of Saturated Fats are in the form of Medium Chain Triglycerides (MCT's). MCT's are typically burned as energy and show little or no propensity for storage as body fat or as a contributor to arteriosclerosis.

**ORDER MUSCLE MILK HERE!**

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